

10th NYSORA International Symposium

07th–09th November, 2025

Friday, 07 November

Constellation Ballroom (4th Floor)

14:00-14:10	Welcome Address	Amar Salti & Admir Hadzic
14:10-14:30	Spinal vs General Anesthesia for Hip Replacement Surgery	Daryl Henshaw
14:30-14:50	Spinal Anesthesia: Hyperbaric vs Isobaric. Choice makes the difference	Imré Van Herreweghe
14:50-15:10	How to Choose Local Anesthetics and Additives	Daryl Henshaw
15:10-15:30	Should RA be Standardized PRO & CON Session	Peter Merjavy & Admir Hadzic
15:30-15:50	Discussion/Q&A	
15:50-16:10	Coffee Break	
16:10-16:30	Catheters No Nonsense Tips for Success and Safety	Admir Hadzic
16:30-16:50	Catheters vs Liposomal Bupivacaine PRO & CON Session	Peter Merjavy & Admir Hadzic
16:50-17:10	Upper Extremity Blocks: Update & NYSORA Protocols for Upper Extremity Surgery	Catherine Vandepitte
17:10-17:30	Discussion/Q&A	
17:30-18:30	Reception in Exhibit Hall	



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Saturday, 08 November

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08:30-08:50	Nerve Blocks: Avoid These Common Mistakes!	Admir Hadzic & Florence Polfliet
08:50-09:10	Truncal Blocks: Updates and NYSORA Protocols for Chest Wall and Abdominal Surgery	Catherine Vandepitte
09:10-09:30	How to Teach and Learn Regional Anesthesia: NYSORA Standards	Admir Hadzic
09:30-09:50	Regional Anesthesia: Periop Management of Anticoagulation	Amar Salti
09:50-10:10	Should AI be used in Anesthesiology and Pain Medicine PRO & CON Session	Amar Salti & Admir Hadzic
10:10-10:30	Discussion/Q&A	
10:30-10:50	Coffee Break	
10:50-11:10	How to Study Anesthesiology Today: Are Textbooks Dead? PRO & CON Session	Peter Merjavy & Admir Hadzic
11:10-11:30	IV Lidocaine for Analgesia PRO & CON Session	Amar Salti & Admir Hadzic
11:30-11:50	Complications of Nerve Blocks & How to Avoid Them	Daryl Henshaw
11:50-12:10	Latest Trends in Interventional Pain Medicine	Amar Salti
12:10-12:30	Discussion/Q&A	
12:30-12:40	Non-CME Innovation Spotlight Sponsored by Flat Medical Meet the EpiFaith Smart Syringe	Karl Tsao
12:30-13:30	Lunch Break	
13:30-13:40	How to Decrease Complications of an Epidural	Eline Ghysels
13:40-13:50	Epidural Advances: Ultrasound and New Equipment	Eline Soors
13:50-14:10	The Rule of Buprenorphine in Postoperative Pain Management	Amar Salti
14:10-14:30	Intrathecal Morphine: Doses, Safety, and Monitoring Protocols	Lucia Balocco
14:30-14:50	Who Needs Probe Covers? New ASRA/ESRA Sterility Recommendations	Peter Merjavy
14:50-15:10	Discussion/Q&A	
15:10-15:30	Coffee Break	
15:30-15:50	Lower Extremity Blocks: Update & NYSORA Protocols	Catherine Vandepitte
15:50-16:10	GLP 1 Medications and Challenges to Anesthesia Practice: The Role of Gastric Ultrasound	Imré Van Herreweghe
16:10 - 16:25	Hip Fracture Analgesia in Inoperable Patients	Jona Houthuys
16:25 - 16:40	How to Decrease Orthostatic Hypotension after Spinal Anesthesia in Patients having TKR	Anthony Deman
16:40 - 16:55	How to Optimize Anesthesia and Analgesia after Same-Day THA Surgery	Arnaud Weynants
16:55 - 17:15	Discussion/Q&A	



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NYSORA's one-of-a-kind Technique Demonstrations (Separate Registration Required)

This year the program will feature NYSORA's one-of-a-kind technique demonstrations, which for each technique taught consists of four distinct steps:

1) Foundation Presentation

This presentation introduces a structured 1-2-3 approach to nerve block techniques. It is richly illustrated with ultrasound images, reverse ultrasound anatomy illustrations, and animations that clearly outline the core principles of each block technique and sets the stage for the next step.

2) 3-D Anatomy Journey

A cutting-edge 3-D anatomy animation presents a virtual cadaver dissection. This vivid demonstration will highlight the key tissue planes and anatomical landmarks essential for block safety and efficacy. You will be "submerged" in a virtual cadaver dissection, where cadaveric images are rotated 360 degrees in a video. This real-time operation of the 3-D system, led by Dr. Hadzic, provides an unprecedented understanding of the functional regional anesthesia anatomy.

3) Scanning Demonstration

The scanning demonstration is structured to equip delegates with a practical, step-by-step 1-2-3 technique for acquiring the best images, ensuring they are well-prepared for the operating room. This part of the session is paired with a parallel 3-D back-to-back interactive demonstration that illustrates the NYSORA principles of nerve blocks, reinforcing the methodology and enhancing practical application.

4) Clinical Videos

To complete the experience, with short clinical videos from NYSORA's clinical practice will submerge you into real-world examples from NYSORA's clinical practice. These videos demonstrate the application of the techniques in actual patient care scenarios, highlighting the immediate transferability of the knowledge and skills presented.

*Optional learn from the experts Technique Demonstrations
Please note there will be no other program on this day.*

Sunday, 09 November

Mira Meeting room (2nd Floor)

08:00-10:00	Upper Extremity Blocks Technique Demonstrations Q&A and Case Discussion
10:00-10:20	Coffee Break
10:20-12:20	Lower Extremity Blocks Technique Demonstrations Q&A and Case Discussion
12:20-13:00	Lunch Break
13:00-15:00	Neuraxial Techniques & Truncal Blocks Technique Demonstrations Q&A and Case Discussion
15:00-15:20	Coffee Break
15:20 - 17:20	Pain: Spine - Elbow & Wrist - Head & Neck - Knee Protocols Q&A and Case Discussion



Due to the program's size, there will be no hands-on scanning. Instead, the program will feature NYSORA's one-of-a-kind Technique demonstration, which for each technique taught consists of four distinct steps:

- PP presentation
- Live scanning demonstrations
- 3-D Anatomy
- Clinical videos of tips for blocks