

10th NYSORA International Symposium

07th–09th November, 2025

Friday, 07 November

Constellation Ballroom (4th Floor)

14:00-14:10	Welcome Address	Amar Salti & Admir Hadzic
14:10-14:30	Spinal vs General Anesthesia for Hip Replacement Surgery	Daryl Henshaw
14:30-14:50	Spinal Anesthesia: Hyperbaric vs Isobaric. Choice makes the difference	Imre Van Herreweghe
14:50-15:10	How to Choose Local Anesthetics and Additives	Daryl Henshaw
15:10-15:30	Should RA be Standardized PRO & CON Session	Peter Merjavy & Admir Hadzic
15:30-15:50	Discussion/Q&A	
15:50-16:10	Coffee Break	
16:10-16:30	Catheters No Nonsense Tips for Success and Safety	Admir Hadzic
16:30-16:50	Catheters vs Liposomal Bupivacaine PRO & CON Session	Peter Merjavy & Admir Hadzic
16:50-17:10	Upper Extremity Blocks: Update & NYSORA Protocols for Upper Extremity Surgery	Catherine Vandepitte
17:10-17:30	Discussion/Q&A	



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Saturday, 08 November

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08:30-08:50	Nerve Blocks: Avoid These Common Mistakes!	Admir Hadzic & Florence Polfliet
08:50-09:10	Truncal Blocks: Updates and NYSORA Protocols for Chest Wall and Abdominal Surgery	Catherine Vandepitte
09:10-09:30	How to Teach and Learn Regional Anesthesia: NYSORA Standards	Admir Hadzic
09:30-09:50	Regional Anesthesia: Periop Management of Anticoagulation	Amar Salti
09:50-10:10	Should AI be used in Anesthesiology and Pain Medicine PRO & CON Session	Amar Salti & Admir Hadzic
10:10-10:30	Discussion/Q&A	
10:30-10:50	Coffee Break	
10:50-11:10	How to Study Anesthesiology Today: Are Textbooks Dead? PRO & CON Session	Peter Merjavy & Admir Hadzic
11:10-11:30	IV Lidocaine for Analgesia PRO & CON Session	Amar Salti & Admir Hadzic
11:30-11:50	Complications of Nerve Blocks & How to Avoid Them	Daryl Henshaw
11:50-12:10	Latest Trends in Interventional Pain Medicine	Amar Salti
12:10-12:30	Discussion/Q&A	
12:30-13:30	Lunch Break	
13:30-13:40	How to Decrease Complications of an Epidural	Eline Ghysels
13:40-13:50	Epidural Advances: Ultrasound and New Equipment	Eline Soors
13:50-14:10	The Rule of Buprenorphine in Postoperative Pain Management	Amar Salti
14:10-14:30	Intrathecal Morphine: Doses, Safety, and Monitoring Protocols	Lucia Balocco
14:30-14:50	Who Needs Probe Covers? New ASRA/ESRA Sterility Recommendations	Peter Merjavy



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14:50-15:10	Discussion/Q&A	
15:10-15:30	Coffee Break	
15:30-15:50	Lower Extremity Blocks: Update & NYSORA Protocols	Catherine Vandepitte
15:50-16:10	GLP 1 Medications and Challenges to Anesthesia Practice: The Role of Gastric Ultrasound	Imré Van Herreweghe
16:10 - 16:25	Hip Fracture Analgesia in Inoperable Patients	Jona Houthuys
16:25 - 16:40	How to Decrease Orthostatic Hypotension after Spinal Anesthesia in Patients having TKR	Anthony Deman
16:40 - 16:55	How to Optimize Anesthesia and Analgesia after Same- Day THA Surgery	Arnaud Weynants
16:55 - 17:15	Discussion/Q&A	

Optional learn from the experts Workshops.

Separate registration required.

Please note there will be no other program on this day.

Sunday, 09 November

Mira Meeting room (2nd Floor)

08:00-10:00	Upper Extremity Blocks Workshop	
	Q&A and Case Discussion	
10:00-10:20	Coffee Break	
10:20-12:20	Lower Extremity Blocks Workshop	
	Q&A and Case Discussion	
12:20-13:00	Lunch Break	
13:00-15:00	Neuraxial Techniques & Truncal Blocks Workshop	
	Q&A and Case Discussion	
15:00-15:20	Coffee Break	
15:20 - 17:20	Pain: Spine - Elbow & Wrist - Head & Neck - Knee Protocols	
	Q&A and Case Discussion	



Due to the program's size, there will be no hands-on scanning. Instead, the program will feature NYSORA's one-of-a-kind workshop demonstration, which for each technique taught consists of four distinct steps:

- Pp presentation
- Live scanning demonstrations
- 3-D Anatomy
- Clinical videos of tips for blocks