

10th NYSORA International Symposium

07th–09th November, 2025

Friday, 07 November

Constellation Ballroom (4th Floor)

14:00-14:10	Welcome Address	Amar Salti & Admir Hadzic
14:10-14:30	Spinal vs General Anesthesia for Hip Replacement Surgery	Daryl Henshaw
14:30-14:50	Spinal Anesthesia: Hyperbaric vs Isobaric. Choice makes the difference	Imre Van Herreweghe
14:50-15:10	How to Choose Local Anesthetics and Additives	Daryl Henshaw
15:10-15:30	Should RA be standardized PRO & CON Session	Peter Merjavy & Admir Hadzic
15:30-15:50	Discussion/Q&A	
15:50-16:10	Coffee Break	
16:10-16:30	Catheters No Nonsense Recommendations for Success and Safety	Admir Hadzic
16:30-16:50	Catheters vs Liposomal Bupivacaine PRO & CON Session	Peter Merjavy & Admir Hadzic
16:50-17:10	Upper Extremity Blocks: Update & NYSORA Protocols	Catherine Vandepitte
17:10-17:30	Discussion/Q&A	



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Saturday, 08 November

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08:30-08:50	Dexamethasone in Diabetics in Multimodal Analgesia: Safety & New Recommendations	Admir Hadzic
08:50-09:10	Truncal Blocks: Updates and NYSORA Protocols	Catherine Vandepitte
09:10-09:30	Regional Anesthesia Teaching: NYSORA Strategy for Success	Admir Hadzic
09:30-09:50	Periop Management of Anticoagulation	Amar Salti
09:50-10:10	AI in Anesthesiology and Pain Medicine PRO & CON Session	Amar Salti & Admir Hadzic
10:10-10:30	Discussion/Q&A	
10:30-10:50	Coffee Break	
10:50-11:10	Are Textbooks Dead PRO & CON Session	Peter Merjavy & Admir Hadzic
11:10-11:30	IV Lidocaine for Analgesia PRO & CON Session	Amar Salti & Admir Hadzic
11:30-11:50	Strategies to Avoid Complications with Nerve Blocks	Daryl Henshaw
11:50-12:10	Latest trends in Interventional Pain Medicine	Amar Salti
12:10-12:30	Discussion/Q&A	
12:30-13:30	Lunch Break	
13:30-13:50	NEW: Pediatric Anesthesia Fasting Guidelines	Admir Hadzic
13:50-14:10	The Rule of Buprenorphine in Postoperative Pain Management	Amar Salti
14:10-14:30	Intrathecal Morphine: Doses, Safety, and Monitoring Protocols	Admir Hadzic
14:30-14:50	Who Needs Probe Covers? New ASRA/ESRA Sterility Recommendations	Peter Merjavy



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14:50-15:10	Discussion/Q&A	
15:10-15:30	Coffee Break	
15:30-15:50	Lower Extremity Blocks: Update & NYSORA Protocols	Catherine Vandepitte
15:50-16:10	GLP 1 Medications and Challenges to Anesthesia Practice: The Role of Gastric Ultrasound	Imré Van Herreweghe
16:10-16:30	Risk and Management of Perioperative Transfusion	Admir Hadzic
16:30-16:50	Keeping Healthy in the Operating room: What You Can Do to be Happier and Healthier	Admir Hadzic
16:50-17:10	Discussion/Q&A	

Optional learn from the experts Workshops.

Separate registration required.

Please note there will be no other program on this day.

Sunday, 09 November

Mira Meeting room (2nd Floor)

08:00-10:00	Upper Extremity Blocks Workshop	
10:00-10:20	Coffee Break	
10:20-12:20	Lower Extremity Blocks Workshop	
12:20-13:00	Lunch Break	
13:00-15:00	Neuraxial Techniques & Truncal Blocks Workshop	
15:00-15:20	Coffee Break	
15:20 - 17:20	Pain: Spine - Elbow & Wrist - Head & Neck - Knee Protocols	

Due to the program's size, there will be no hands-on scanning. Instead, the program will feature NYSORA's one-of-a-kind workshop demonstration, which for each technique taught consists of four distinct steps:

- Short presentation
- Live scanning demonstrations
- 3-D Anatomy
- Clinical videos of tips for blocks

