

## 8<sup>th</sup> NYSORA International Symposium: Advances in Regional Anesthesia, Pain and Perioperative Medicine

10-12 November, 2023

### Friday, 10 November

|                      |   |  |
|----------------------|---|--|
| <b>14:00 – 14:10</b> | Welcome address<br><i>Lower Extremity</i>                   | Amar Salti (AE) & Admir Hadzic (BE-US)                                     |
| <b>14:10 – 14:30</b> | Fast-track Protocols for Hip Replacement Surgery            | Catherine Vandepitte (BE)  |
| <b>14:30 – 14:50</b> | Clinical Pathway for Hip Replacement: Surgeon's Perspective | Feras Ya'ish (AE)  |
| <b>14:50 – 15:30</b> | <b>PRO &amp; CON</b>  |  |
|                      | Spinal<br>Admir Hadzic (BE-US)                              | <b>vs</b><br>General Anesthesia<br>for Hip Fractures<br>Peter Merjavy (UK) |
| <b>15:30 – 15:50</b> | Fast-track Protocols for Knee Replacement Surgery           | Peter Merjavy (UK)   |
| <b>15:50 – 16:10</b> | Fast-track Anesthesia for Surgery on the Foot & Ankle       | Catherine Vandepitte (BE)  |
| <b>16:10-16:30</b>   | <b>Coffee Break</b><br><i>Upper Extremity</i>               |  |
| <b>16:30 – 16:50</b> | Regional Anesthesia Protocols for Major Shoulder Surgery    | Catherine Vandepitte (BE)  |
| <b>16:50 – 17:10</b> | Walant Vs Wrist Blocks for Hand Surgery                     | Admir Hadzic (BE-US)   |
| <b>17:10 – 17:30</b> | Interventional Analgesia for Clavical Fractures             | Catherine Vandepitte (BE)  |



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### Saturday, 11 November

#### *Truncal*

|               |   |                          |
|---------------|---|--------------------------|
| 08:30 – 08:50 | ERAS in Cardiothoracic Surgery. How Can Blocks Help?      | Arun Kumar (AE)          |
| 08:50 – 09:10 | Fascial Plane Blocks: ESPB: What Works and What does not? | Sharma Sheelaj (AE)      |
| 09:10 – 09:30 | ERAS in Abdominal Surgery. How Can Blocks Help?           | Lucia Balocco (BE)       |
| 09:30 – 09:50 | POCUS: Why and What you Should Know                       | Imré Van Herreweghe (BE) |

#### 09:50-10:20 **Coffee Break**

#### *Pain*

|               |   |                        |
|---------------|---|------------------------|
| 10:20 – 10:50 | US for Headache and Craniofacial Pain               | Moudar Chouker (AE)    |
| 10:50 – 11:10 | Modified Technique for Trigeminal Injections.       | Mohamed El Toukhy (AE) |
| 11:10 – 11:30 | US in Chronic Pain. Improving Accuracy?             | Amar Salti (AE)        |
| 11:30 – 11:50 | MSK US - How Far Can We Go?                         | Mohamed Ibrahim (AE)   |
| 11:50 – 12:10 | Cervicogenic Pain                                   | Yasser Toble (QA)      |
| 12:10 – 12:30 | Shoulder Pain Management - A Non-Surgical Narrative | Madhan Pandian (IN)    |

#### 12:30-13:30 **Lunch Break**

|               |  |                      |
|---------------|--|----------------------|
| 13:30 – 13:50 | Neuraxial Ultrasound-from Peds to Adults         | Jacob Hutchins (US)  |
| 13:50 – 14:10 | Interventional Analgesia for Rib Fractures       | Admir Hadzic (BE-US) |
| 14:10 – 14:30 | Practical US-guided Spinal & Epidural Anesthesia | Jacob Hutchins (US)  |

#### 14:30-15:00 **Coffee Break**

|               |   |                      |
|---------------|---|----------------------|
| 15:00 – 15:20 | Future of Education in Pain and Regional Anesthesia         | Jae Chul Koh (KR)    |
| 15:20 – 15:40 | Trauma & RA in a Busy Trauma Center                         | Fadi Kaddoura (AE)   |
| 15:40 – 16:00 | Nerve Injury During Orthopedic Trauma. Surgical Perspective | Fera Ya'ish (AE)     |
| 16:00 – 16:20 | How to Build Regional Anesthesia in 3 Months                | Admir Hadzic (BE-US) |
| 16:20 – 17:00 | Q & A Session   |                      |



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### Sunday, 12 November - Optional Workshops Only

**08:00 – 10:00** Upper Extremity Blocks Workshop

Coordinators:

Catherine Vandepitte (BE), Lucia Balocco (BE),  
Imré Van Herreweghe (BE)

**10:00-10:20 Coffee Break**

**10:20 – 12:20** Lower Extremity Blocks Workshop

Coordinators:

Catherine Vandepitte (BE), Lucia Balocco (BE),  
Imré Van Herreweghe (BE)

**12:20-13:00 Lunch Break**

**13:00 – 15:00** Neuraxial Techniques and Truncal Blocks Workshop

Coordinators:

Catherine Vandepitte (BE), Lucia Balocco (BE),  
Imré Van Herreweghe (BE)

**15:00-15:20 Coffee Break**

**15:20 – 17:20** Pain Workshop

Coordinators:

Amar Salti (AE)

